

Administered by Educators Health Plans Life, Accident, and Health, Inc. EMI Health Customer Service 801-270-2880 or 1-800-662-5851

Self Funded Employee Medical Benefit Plan

All services are subject to the EMI Health Maximum Allowable Charge. When using a Non-participating Provider, the Covered Person is responsible for all fees in excess of the Maximum Allowable Charge.

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Helpside	Care Plus		
January 01, 2021 - December 31, 2021	Participating	Non-Participating	
Select	Provider Option	Provider Option	
GENERAL INFORMATION	:	J PAY	
Benefit Accumulator		Calendar Year	
Dependent Age Limit		26	
Out-of-Pocket Maximum (Per Person/Family Per Year). Please note *	\$6,000 / \$12,000	None	
Medical Deductible (Per Person/Family Per Year). Please note ◆	\$1,000 / \$2,500	\$2,000 / \$6,000	
Non-Preauthorization Patient Penalty	Not Applicable	50% Reduction in Benefits	
Non-Preauthorization Provider Sanction	50% Reduction in Payment	Not Applicable	
PRESCRIPTION DRUG BENEFITS (If brand is purchased when generic is	YOU	J PAY	
available, member pays the copay plus the difference between the generic and the brand price)			
Participating Pharmacy (30 day supply)	Gene	ric - \$5	
	Preferred - 25%		
	Non-Prefe	erred - 50%	
Non-Participating Pharmacy		overed	
Mail Order (90 day supply)		ric - \$10	
	Preferre	Preferred - 25%	
	Non-Prefe	erred - 50%	
Specialty Pharmacy	Not C	overed	
PREVENTIVE SERVICES	YOU	J PAY	
Routine Physical Exam (1 visit per Year)	Covered 100%	Not Covered	
Routine Gynecological Exam (1 visit per Year)	Covered 100%	Not Covered	
Routine Pap Smear & Mammogram (1 per Year)	Covered 100%	Not Covered	
Routine Well-Baby Exams	Covered 100%	Not Covered	
Covered Immunizations	Covered 100%	Not Covered	
Routine Vision Exam (1 visit per Year)	Covered 100%	Not Covered	
Routine Hearing Exam (1 visit per Year)	Covered 100%	Not Covered	
PHYSICIAN & PROFESSIONAL SERVICES	YOU	J PAY	
Physician Office Visits (primary care)	\$25	♦ 50%	
Physician Office Visits (secondary care)	\$40	♦ 50%	
Physician Office Visits (after hours)	\$40	♦ 50%	
Physician Visits (Inpatient)	♦ 20%	♦ 50%	
Physician Visits (Outpatient)	♦20%	♦ 50%	
Major Diagnostic Test, CT Scan, MRI, NMR (office)	♦20%	♦ 50%	
Minor Diagnostic Test, Radiology, Lab (office)	Covered 100%	♦ 50%	
Minor Diagnostic Test, Radiology, Lab (Inpatient)	♦ 20%	♦ 50%	
Minor Diagnostic Test, Radiology, Lab (Outpatient)	Covered 100%	♦ 50%	
Injections (office)	Covered 100%	♦ 50%	
Surgery (office)	Covered 100%	♦ 50%	
Surgery (Inpatient)	♦ 20%	♦ 50%	
Surgery (Outpatient)	♦ 20%	♦ 50%	
Anesthesiology (office)	Covered 100%	♦ 50%	
Anesthesiology (Inpatient)	♦ 20%	♦ 50%	
Anesthesiology (Outpatient)	♦ 20%	♦ 50%	
Routine Prenatal & Delivery (Employee and Spouse maternity only)	♦ 20%	♦ 50%	
Home Health and Hospice Care (in lieu of Hospital) (for supplies, see Medical			
Supplies and Equipment)	♦ 20%	♦ 50%	
Rehabilitation Therapy (Outpatient physical, speech, occupational, cardiac, or	- 2001		
pulmonary - limited to 20 visits per Year)	♦ 20%	♦ 50%	
Chiropractic Therapy (15 visits per Year)	♦ 20%	♦ 50%	
Allergy Testing (excludes Blood Analysis)	♦20%	♦ 50%	

Helpside	Care Plus		
January 01, 2021 - December 31, 2021 Select	Participating Provider Option	Non-Participating Provider Option	
Allergy Treatment/Serum	♦ 20%	♦ 50%	
HOSPITAL/FACILITY BENEFITS	YOU	YOU PAY	
(Physician & Professional Services are not included in this section.)			
Medical/Surgical/Maternity/Intensive Care (semi-private room)	♦ 20%	♦ 50%	
Medical/Surgical/Maternity/Intensive Care (Inpatient Ancillary)	♦20 %	♦ 50%	
Skilled Nursing Facility (30 days per Year) (Admission must be within 3 days of discharge from Hospital Confinement)	♦ 20%	♦ 50%	
Medical/Surgical Care (Outpatient)	♦ 20%	♦ 50%	
Emergency Room (ER)	\$150 then 20%	\$150 then 20% for Emergency Services, all other services ♦50%	
Major Diagnostic Test, CT Scan, MRI, NMR (Outpatient)	♦ 20%	♦ 50%	
Minor Diagnostic Test, X-ray, Lab (Inpatient)	♦20%	♦ 50%	
Minor Diagnostic Test, X-ray, Lab (Outpatient)	Covered 100%	♦ 50%	
Newborn	♦ 20%	♦ 50%	
InstaCare/Urgent Care Clinic	\$40	♦ 50%	
Eligible Preventive Services	Covered 100%	Not Covered	
REHABILITATION THERAPY BENEFIT		PAY	
Inpatient – physical, speech, occupational, cardiac, or pulmonary (40 days per person per Year)	♦ 20%	♦ 50%	
ACCIDENT AND LIFE THREATENING CONDITION	YOU	I PAY	
Medical/Surgical – Physician/Facility/ER	Covered as any other condition		
Ambulance Land/Air (Accident & Life-threatening)	◆20%	Covered as a Participating Benefit to	
Orthodontic Injury Treatment	Not Covered	the Maximum Allowable Charge	
Dental Injury Treatment	◆20%		
TRANSPLANT BENEFIT		I PAY	
Heart, Liver, Pancreas, Bone Marrow, Cornea, Kidney, Artery or Vein	Covered as any other condition	Not Covered	
MEDICAL SUPPLIES & EQUIPMENT		PAY	
Diabetic Testing Supplies (90 day supply)	25%	♦ 50%	
Medical Supplies	♦20%	\$ 50%	
Medical Supplies (office)	Covered 100%	♦ 50%	
Durable Medical Equipment/Prosthetics/Orthotic Devices	♦ 20%	♦ 50%	
Orthotic Supplies (foot inserts & arch supports)	Not Covered	Not Covered	
Growth Hormone	Not Covered	Not Covered	
MENTAL HEALTH & DRUG/ALCOHOL TREATMENT	YOU	PAY	
Inpatient Services (non-residential)	♦ 20%	♦ 50%	
Residential Treatment (30 days per Year)	♦ 20%	♦ 50%	
Outpatient Services	♦ 20%	♦ 50%	
Physician Office Visits	\$ 05	↑ E00/	
Psychologist / LCSW / APRN / Psychiatrist	\$25	♦ 50%	
ADDITIONAL BENEFITS	YOU	PAY	
Adoption Indemnity Benefit	Not Covered		
TMJ Syndrome	Not Covered	Not Covered	
Orthognathic/Mandibular Osteotomy	Not Covered	Not Covered	
Total Parenteral Nutrition Supplies	♦ 20%	Not Covered	
Initial assessment and diagnosis of Primary Infertility	Not Covered	Not Covered	
Reduction Mammoplasty	♦ *50%	Not Covered	

Services designated ♦ are subject to first dollar Medical Deductible

Services designated *, premiums, balance-billed charges, charges for services this Plan doesn't cover, amounts in excess of benefit limits, and penalties for failure to obtain Preauthorization, do not accumulate toward your Out-of-pocket Maximum.

PROVIDER NETWORK		
Utah	EMI Health Care Plus	
National - Outside of Utah	Cigna PPO	

PLEASE NOTE: This is a summary only and does not guarantee benefits. All benefits are subject to the terms, limitations, and exclusions set forth in the Plan document and in the Summary Plan Description (SPD)/handbook of the Plan. Any discrepancies between this summary, the SPD/handbook, and the Plan document are resolved in favor of the Plan document. For more information, including Preauthorization, refer to the SPD/ handbook or the Plan document, or contact EMI Health Customer Service Department.